

WELLNESS

FOCUS GROUP QUESTIONS:

- 1. As parents, what wellness and fitness goals do you have for your children?**
- 2. What input can you give on nutrition in the district – i.e. lunch program, rewards for students?**

BASIC SANITATION – HAND WASHING, COMMUNITY SHARING OF SUPPLIES

INTRINSICAL MOTIVATION & UNDERSTANDING OF WELLNESS

FOOD AS REWARDS – IN MODERATION

THERE IS A VARIETY OF LUNCHESES OFFERED – SATISFIED WITH LUNCH PROGRAM

CONSEQUENCES OF UNHEALTHY LIFESTYLE

DISEASES & EDUCATION OF BODILY FUNCTIONS

NUTRITION FACTS

WORK OUT ROUTINES – THE IMPORTANCE OF

EXPOSURE TO MANY FACETS OF FITNESS FROM WALKING TO ROLLER SKATING

OFFERING A SALAD BAR EACH DAY

OFFERING MORE A LA CARTE NUTRITIONAL ITEMS -

- STRING CHEESE
- GRANOLA
- DELI SANDWICHES

WELLNESS: LIKE THE WALKING PROGRAM IN ELEMENTARY AND MIDDLE SCHOOL

PROMOTE WEIGHT LOSS/MANAGEMENT

HEALTH: ABSTINENCE EDUCATION WOULD ALSO BE BENEFICIAL

ENCOURAGE EDUCATED CHOICES

IS SAFE SEX REALLY SAFE – PHYSICALLY AND EMOTIONALLY

NUTRITION: LET'S USE HEALTHY INCENTIVES

MORE CHOICES – SALAD BAR FOR LUNCHESES

TECHNOLOGY

FOCUS QUESTIONS:

- 1. What technology knowledge and skills does your child need to prepare for the 21st century?**
- 2. What technology experiences do you want your child to have?**

NO COMPUTER LAB at JRW

SKILLS BEYOND BASIC TECHNOLOGY/REASONING

INTERNET SEARCHING/TEACHER PROVIDED WEBSITES FOR RESEARCH

INTERNET SAFETY

EXPOSURE/GUIDANCE TO TECHNOLOGICAL RESOURCES

KEYBOARDING

SPANISH AT JRW

EARLIER AND MORE FREQUENT KEYBOARDING SKILLS

SAFE INTERNET PRACTICES

APPROPRIATE E-MAIL AND INSTANT MESSAGING

UNDERSTANDING MICROSOFT OFFICE/POWERPOINT APPLICATIONS

COMPUTER BASED PROJECTS

PRESENTATION SKILLS

FREQUENT EXPOSURE

ELEMENTARY KEYBOARDING CLASS – START EARLIER, THEY ARE LEARNING BAD HABITS EARLY

BUT DON'T USE TECHNOLOGY TO REPLACE FOUNDATIONAL SKILLS (WRITING, PUNCTUATION, GRAMMAR)

HIGH SCHOOL – OFTEN NOT TIME TO TAKE COMPUTER CLASSES, AND THEY NEED THOSE SKILLS IN COLLEGE. THEY NEED TO KNOW HOW TO USE WORD/POWERPOINT, ETC.

COMPUTER OR TECH CLUB

AFTER SCHOOL COMPUTER CLASSES/OPPORTUNITIES

USE COMPUTERS AS REWARD/REMEDATION

CURRICULUM & INSTRUCTION

FOCUS QUESTIONS:

- 1. How are grades impacted when points are taken away in class because of his behaviors rather than his academic achievement?**
- 2. Does extra credit distort a student's actual achievement on a targeted outcome?**
- 3. Is a grade an accurate reflection of a student's knowledge in all outcomes for the year/unit?**

WHAT DOES 1,2,3,4 MEAN?

WHAT ARE THEY TRULY BEING ASSESSED ON?

DID THEY MASTER IT?

HOW LONG DID IT TAKE TO MASTER?

IMMEDIATE FEEDBACK OF TEST SCORES

MORE TEACHER COMMENTARY OF CHILD'S PROGRESS ON POWER SCHOOL

LIKE THE SCHEDULE AS IS AS FAR AS SCHOOL HOURS

HAVE STUDENTS WHO GET DONE EARLY BE CHALLENGED WITH MORE WORK

HOW DO WE MOTIVATE THEN?

HOW WILL WE DEAL WITH OTHER BEHAVIORS THAT COME UP IN CLASS (TARDIES, MISBEHAVIOR, FORGETFULNESS)

EXTRA CREDIT SHOULD REAL OR ADDITIONAL LEARNING, NOT TEACHER "FLUFF"

HOW DO YOU ASSESS THOSE STUDENTS WHO DON'T TEST WELL – YET THEY NEED TO BE PREPARED FOR REAL WORLD OF COLLEGE AND WORK?

SOME PENALTIES TEACH RESPONSIBILITY

Questions generated by parents:

- When will Somonauk get a football team?? (It was really on a card!!)
- Is there anything preventing Somonauk from being, as demonstrated by state measurements, the best school district in Illinois? If so, how do we overcome those barriers?
- What are the reteaching changes in detail? What grades are affected?
- Taking points off for lateness—doesn't that teach responsibility—real world lesson.
- How does giving our kids all the “breaks” prepare them for college or the work force??
BIG QUESTIONS HERE!!
- What does “align curriculum” actually mean? Was technology one of those subjects?
- The “10 minute” teacher time was controversial to me. I view it as lost education time for my child. How do I know as the parent what value that is providing? Can newsletter updates be sent out? How do we know, what metric, proves this is helping?